



JOHN R. OISHEI

Children's Hospital

Oishei Children's Hospital  
cares for you in your grief.

*There is no fee to attend our support groups.*

[www.ochbuffalo.org](http://www.ochbuffalo.org)



*"In sharing our losses,  
our hearts grow stronger."*

– Kristi A. Dyer, MD, MS

ATTENTION: If you speak a language other than English, language assistance services, free of charge, are available to you. Please ask your care team.

ATENCIÓN: Si habla español, los servicios de asistencia lingüística están disponibles, de forma gratuita, para usted. Por favor, pregunte a su equipo de atención.

تنبيه: إذا كنت تتحدث العربية، فسوف تتوفر لك خدمات مساعدة لغوية مجاناً. يرجى أن تسأل فريق العناية الخاص بك.

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## Helping Children Grow Through Grief

*A bereavement support group for children*



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## Children of all ages grieve

*Helping Children Grow Through Grief* is a bereavement support group for young people (5-18 years of age).

A child or teen experiencing the loss of a loved one may exhibit behavioral, physical or cognitive changes. Attending a support group of their peers who may be experiencing similar loss can help them express themselves and share feelings with others.

*“Some people come into our lives,  
leave footprints on our hearts,  
and we are never the same.”*

– Franz Schubert

## Love leaves memories no one can take away

This children’s support group focuses on providing age-appropriate activities for expression of some common emotions felt after loss and an opportunity to voice memories.

For further information, please contact the Child Life Office:

**Tara Young**  
*Child Life Specialist*  
Oishei Children’s Hospital  
(716) 323-1520

## Join us

### *Helping Children Grow Through Grief Group Meetings*

All group meetings are facilitated by a child life specialist – professionals who are specially trained to help children and their families understand and manage challenging life events and stressful healthcare experiences. They are skilled in providing developmental, educational, and therapeutic interventions, supporting growth and development while recognizing family strengths and respecting different methods of coping.

**Cost:** Free

**When:** Third Tuesday of the month  
September-June

**Where:** Dog Ears Bookstore  
688 Abbott Road  
Buffalo, NY 14220

**Time:** 6:30-7:45 p.m.

### *Group facilitators:*

**Tara Young, CCLS**  
Oishei Children’s Hospital

**Maureen McOwen, CCLS**  
CompassionNet